

Monday, Sept. 13

Sloppy Joe  
Pretzel Sticks  
Raw Vegetables  
W/Dip  
Fresh Fruit or  
Chilled Applesauce  
OR  
Fruit Salad Platter  
W/Wheat Roll

Milk

**BREAKFAST**  
Hot or Cold Cereal  
Biscuit  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Tuesday, Sept. 14

Cheese, Pepperoni or  
Vegetable Pizza  
Tossed Salad  
OR  
Chef Salad Platter  
W/Wheat Roll  
  
Chilled Fresh Fruit  
or Pineapple  
Milk

**BREAKFAST**  
French Toast Stick  
W/Syrup  
Sausage Links  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Wednesday, Sept. 15

Meatball Sub  
W/Roll  
Potato Wedges  
OR  
Chef Salad Platter  
W/Wheat Roll  
  
Fresh Fruit or  
Chilled Juice  
Orange Creamsicle,  
Cake, Milk

**BREAKFAST**  
Hot or Cold Cereal  
Yogurt  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Thursday, Sept. 16

Deluxe Grilled Chicken  
Fillet Sandwich on a  
Roll, Summer  
Vegetable Blend  
OR  
Taco Salad Platter  
W/Tortilla Chips

Fresh Fruit or  
Chilled Peaches  
Fudgsicle, Milk

**BREAKFAST**  
Breakfast Bagel  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Friday, Sept. 17

Macaroni & Cheese  
Steamed Broccoli  
Normandy Blend  
OR  
Chef Salad Platter

Soft Pretzel  
Fresh Fruit or  
Chilled Juice, Milk

**BREAKFAST**  
Apple Cinnamon Bun  
Sunflower Seeds  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Monday, Sept. 20

Beef Taco @ ES or  
Chicken Fajita @ HS  
W/Tortilla Chips or  
Wrap  
Steamed Corn  
Rice Pilaf  
OR

Chicken Caesar Salad  
Platter W/Wheat Roll

Chilled Pears or  
Fresh Fruit, Milk

**BREAKFAST**  
Hot or Cold Cereal  
Yogurt  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Tuesday, Sept. 21

Chicken Rings  
Tossed Salad  
Chilled Strawberries  
or Fresh Fruit  
OR  
Fresh Fruit Platter

Garlic Bread Stick  
Milk

**BREAKFAST**  
Waffle Sticks  
W/Syrup  
Sausage Links  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Wednesday, Sept. 22

Hot Dog or Hot Sausage  
W/Roll  
Baked Beans  
Pasta Salad  
OR  
Taco Salad Platter  
W/Tortilla Chips

Chilled Fruit Cocktail  
or Fresh Fruit  
Spice Cake, Milk

**BREAKFAST**  
Fruit Filled Frudel  
String Cheese  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Thursday, Sept. 23

Act 80 Day  
1:00 pm Student Dismissal  
Cheese, Pepperoni or  
Vegetable Pizza  
Steamed Green Beans  
OR  
Chef Salad Platter  
W/Wheat Roll

Chilled Peaches or  
Fresh Fruit  
Ice Cream Sandwich  
Milk

**BREAKFAST**  
Fruit Muffin  
Sunflower Seeds  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Friday, Sept. 24

Ham Cosmo on Roll  
Chicken Noodle Soup,  
Crackers  
Raw Vegetables W/Dip  
OR  
Chef Salad Platter  
W/Wheat Roll

Chilled Pears or  
Fresh Fruit  
Jello Gems, Milk

**BREAKFAST**  
Hot or Cold Cereal  
Cinnamon Pretzel Stick  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Monday, Sept. 27

Fish Munchies  
Baked Potato  
OR  
Chef Salad Platter

Blueberry Muffin  
Fresh Fruit or  
Chilled Applesauce  
Milk

**BREAKFAST**  
Breakfast Pizza  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Tuesday, Sept. 28

**Brunch**  
Egg, Ham, Cheese on  
English Nuffin  
Smiley Fries  
OR  
Taco Salaf Platter  
W/Tortilla Chips

Chilled Juice or  
Fresh Fruit, Cinnamon  
Streusel Cake, Milk

**BREAKFAST**  
Raspberry Churro  
String Cheese  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Wednesday, Sept. 29

Spaghetti & Meatballs  
Summer Blend  
Vegetables  
OR  
Chef Salad Platter

Italian Bread  
Fresh Fruit or  
Chilled Peaches, Milk

**BREAKFAST**  
Egg, Ham, Cheese on  
English Muffin  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

Thursday, Sept. 30

Chicken Tenders  
Fresh Vegetables  
W/Dip  
OR  
Chicken Caesar Salad  
Platter

Wheat Roll  
Chilled Pears or  
Fresh Fruit  
Raspberry Jello Salad,  
Milk

**BREAKFAST**  
Hot or Cold Cereal  
Yogurt  
Fresh Fruit or  
Chilled Juice, Milk  
**BREAKFAST BAR @ HS**

We've been  
expecting you.



And we're all set for  
a new year of great  
food and outstanding  
service. Please join  
us often – and don't  
forget to bring  
your appetite!

**Breakfast**

**\$1.00 \$1.05**  
Elementary Secondary

**Lunch**

**\$1.90 \$2.10**  
Elementary Secondary

Farm  
to  
School  
Week



We'll be celebrating our local  
and regional agricultural bounty  
during the week of Sept. 20-24